

Ivan Pavlov's Behavioral Counseling Effectiveness with Modeling Techniques to Improve Character Associate with the opposite sex through Lesson Study

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Abstract. This study is to study the effectiveness of Ivan Pavlov's modeling counseling in grade ten. The research is quasi-experimental design with pre-test, and post-test control group. A sample of 30 students with df 29. Methods of data collection using questionnaire's characters to help others as much as 30 items. The results of the data analysis are the value of tcount 3, 408 > ttable 1,67 so Ho rejected and Ha accepted. So there is a significant heterosexuality. It can be concluded that Ivan Pavlov's counseling is effective modeling to improve the characters mingle with the opposite sex.

Keywords: behavioral counseling, modeling, lesson study

1 Introduction

I have been a lot of problems lately, especially among students at school. Many students still don't really understand how they are so what they do in school is mostly just following what their friends do. Especially if what they follow is not something that has a positive impact but instead has a negative impact, it will greatly disrupt their learning process in school. So this is where the importance of students understanding their personalities so that there is no deviation from the existing rules. The personality who students need to know is about Self Heterosexuality. Self Heterosexuality is the ability to stand out including saying something funny, logical and logical, telling funny stories and jokes, talking about his own experiences and personalities. In addition Self Heterosexuality also has an indicator including, (1) Being able to talk to funny, meaning being able to talk about funny things so that it can make friends entertained and also make themselves more excited. (2) Being able to think logically, funny and reasoning, means being able to think positively and sensibly towards something. (3) Able to speak about experiences and personalities. This means that students are able to discuss their personal experiences with their friends in class or outside school.

Based on the explanation of these definitions, in this study what is meant by "Self heterosexuality is the need for sex with other people", includes associating with the opposite sex, having compassion for the opposite sex, having a sense of concern for the opposite sex. Based on these definitions, heterosexuality in this case contains 3 indicators:

1). Associating with the opposite sex

Associating with the opposite sex is how we adjust to the opposite sex and learn how to live and think in any environment we are in with the existence of binding rules that shape a person's personality. Associating with the opposite sex has rules and values of character between them. Both men and women respect and respect each other, both in attitude, speech, or in the behavior of daily life (Ardi, Ibrahim, & Said, 2012; Yuliani, 2013)

2). Affection for the opposite sex

Of love, is a gift of love given to someone else or to the whole family. Affection is also created because of a sense of caring, compassion, so that a sense of affection is created. Not only is the opposite sex of affection created, but also to friends, family and friends. Affection can also unite people who are in a fight, there are many positive sides of love itself. Starting from a sense of attention, understanding creates love, begins with dating, becomes a husband and wife who are very happy, have children to grandparents, how happy people who have compassion and are very fortunate to have compassion (Maslihah, 2011; Nainggolan, 2011).

3). Attention to the opposite sex

Attention is concentration or concentration, which causes an increase in individual activity of an object that gives stimulation to the individual, so that he cares about the object that gives the stimulus. Thus the attention to the opposite sex is a concentration or concentration of someone against the opposite sex which causes an increase in one's activity aimed at the opposite sex, especially in meeting needs. (Ida Ayu Brahmasari & Agus Suprayetno, 2008; Kuryanto & Syafrudin, 2012).

Ivan Pavlov Behavioral Counseling Theory Philosophical Life view of Behavioral counseling theory Ivan Pavlov that every human needs change and will experience a change in his behavior as a result of the interaction between stimulus and response, in other words, learning is, changes experienced by the client or student in developing his ability to improve behavior with new ways as a result of interaction between stimulus and response obtained (Aini, Fatmaningrum, & Yusuf, 2011; Indayani, Sedanayasa, Nengah, & Antari, 2014; Pertiwi, Sedanayasa, Nengah, & Antari, 2014; Sutarjo, Wmp, & Suarni , 2014).

2 Methodology

Type of research used for this study is a "quasi-experimental" research design. "Design is nonequivalent with post only control group design" because in this study, researchers conducted treatment, the experimental method tried to examine whether there was a causal relationship. In a study determining, the research population is important. With a clear population, it will facilitate research and draw conclusions at the end of the study. Based on the above, then in this study, the sampling method used was purposive sampling (purposive sampling). (Purposive sampling) is a technique that is based on characteristics or characteristics (objectives) set by previous researchers. The reason against the use of purposive sampling technique is that data collection is only done in groups of subjects who have characteristics in accordance with the objectives of the study, namely students who have Heterosexually Self moderate and low. To obtain data on self-heterosexuality, several research instruments are used, namely questionnaires, the following is an explanation of the instruments that will be used in this study. In carrying out observations, the aspects of Self

Heterosexuality observed to refer to the indicators of the three aspects of Self succorance, namely: the ability to assert oneself includes saying something funny, logical and logical, telling funny stories and jokes, talking about experiences and his own personality.

3 Results and Discussion

In this, study sought Influence Counseling Theory Behavioral Of Self-Heterosexuality of students then used the comparison heterosexuality between pretest-posttest on every indicator that existed in the Self Heterosexuality Summary data of the pretest, posttest, are presented in the following graph. In the process of applying behavioral counseling Ivan Pavlov using modeling techniques in improving self- Classical Guidance, In conducting research in the classroom. The study carried out activity's lesson study with classical guidance settings. Classical Guidance, in the classical guidance, the researcher explained about the meaning of Self Heterosexuality and the indicator of Self Heterosexuality so that students could know the Self Heterosexuality that existed on him, after that the students were given the opportunity to present the example Self Heterosexuality that was on him. In the classical guidance, the researcher distributed questionnaire Self Heterosexuality so that the researcher really knew the percentage of results of students who had Self Heterosexuality. The calculation results found that indicator 1 associating with the opposite sex from the initial score showed a 5 percent increase. This increase in the score means that indicators associating with the opposite sex use behavioral counseling theory with modeling techniques, can increase significantly. Calculation results found that indicator 2 affection for the opposite sex from the initial score shows a 4 percent increase. This increase in the score means that indicators of affection towards the opposite sex by using behavioral counseling theory with modeling techniques can be significantly increased. The calculation results found that indicator 3 attention to the opposite sex, from the initial score showed a 4 percent increase. This increase in the score means that indicators associating with the opposite sex by using behavioral counseling theory with modeling techniques can significantly improve. Indicator 1 which states capable of associating with the opposite sex at Heterosexuality Self grader's X AP 2 shows the data as follows: Price tcount, compared with price t in the table with $db = n1 + n2 - 2 = 60 - 2 = 58$. Price ttable for db 58 and with a significance level of 5% 0.05 is 1.6715. Thus, the price of tcount is greater than the price of ttable, so H_0 is rejected and H_a is accepted. This means that there is a significant heterosexuality in Indicator 1 which states that associating with the opposite sex in class X AP 2 between before and after using behavioral counseling theory with modeling techniques. Conclusion: the application of behavioral counseling theory with modeling techniques has an effect on improving Indicator 1 which associates with the opposite sex, in class X AP 2 Vocational High School 1 Sukasada.

Table 1. Results of T-Test Indicator 1

Data	X	σ	t_{count}	t_{tab}	Information
Pre Test Male	37.7	5.10034	3,40777	1.6715	Significant
Post Test Male	40.8	3.957388	3.40777	1.6715	Significant
Pre Test Woman	37.3	24.99	3.8090	1.6715	Significant
Post Test Woman	39.06	16:20	1,20907	1.6715	Significant

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Indicator one that reads receives suggestions from others on self-heterosexuality of student's X AP 2 Vocational High School 1 Male and female Sukasada proved significant means having a high self-heterosexuality. This means that the student has the behavior of accepting suggestions from others.

Table 2. self-heterosexuality of student's X AP 2

Indicator 1	Mean	SD	High Score	Low Score
Associating with the opposite sex	0,59	0,78	15	20
Village Men	0,59	0,8	63	20
Village Women	0,56	0,74	56	19

4 Conclusion

The results showed that students who take the self-hheterosexually behavioral counseling Ivan Pavlov further improved using modeling techniques of the students who were in the control group. Based on this statement, we can say that behavioral counseling Ivan Pavlov using appropriate modeling techniques applied in schools. Application of behavioral counseling Ivan Pavlov using a modeling technique has implications for the planning and development of guidance and counseling service's model in terms of techniques and procedures of service activities provided to the counselee. From the analysis of the study, the results of which found that counseling services will be more effective if counselees in implementation behavioral counseling services facilitated by Ivan Pavlov using modeling techniques

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