

Effectiveness of Application Behavioral Counseling Ivan Pavlov Lesson with Through Modeling Techniques To Improve Self Study Class X Mia Deference SMA Negeri 1 Denpasar

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Abstract. This study aims to Determine the effectiveness of Ivan Pavlov's behavioral counseling with modeling techniques through the LS method to improve self- deference. The sample of this study is classX MIA 1 Middle School 1 Denpasar, The collection of self- deferenceData in this study uses observations, questionnaires and diaries. So that it can be concluded that there is a high effectiveness in behavioral counseling Ivan Pavlov using modeling techniques in increasing the affiliation of students of classX MIA 1 Denpasar Middle School 1.

Keywords: Ivan Pavlov's behavioral counseling, modeling techniques, deference Self.

1 Introduction

The results of observations conducted on 36 students in Class X MIA 1 SMAN 1 Denpasar, it is known that there are some students who experience symptoms of Self deference which have been classified into three categories including students who have "Self deference" relatively high, relatively moderate and low. Symptoms shown that the majority of students who experience symptoms of low self-deference classified as incapable Receive suggestions from others. In addition, there are some students who experience symptoms such as self deference being able to obtain information on to others and able to follow instructions and accept. In addition, there are some students who experience symptoms deference relatively high self as very capable capable Receive suggestions from others.

1.1 Self Deference

Self Deference is the need to obey the order or rule includes receiving suggestions from others, get a description of what other people think, follow the instructions and do what is expected. (Dharsana 2010: 1000Abele & Wojciszke, 2007; Axelrod, 1981; Bernasconi & Strassmann, 1999; Dharsana, 2010; Duru & Balkis, 2016; Gächter & Thoni, 2005; Gray, 2004; Holt & Beilock, 2006; Lohr, 2013; Loro, Costruzione, and Della, nd; Mcdonald, Mccabe, Lau, & Hough, 2005; Mohammadipour & Rahmati, 2016; Nurulaen, 2011; Rezende, 2002; Rustiarini, 2013; Schwaber, 2009; Trigilia, 1999; Zald & McCarthy, 1979).

