Reality Counseling Effectiveness Modeling Techniques to Improve Characterable to Talk With Stunning through Lesson Study Class X Iis 2 Undiksha Laboratory High School Singaraja

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Abstract. This study aims to determine the effectiveness of behavioral counseling by modeling techniques to improve the characterable to talk to cutethrough the study of the lessons in the first grade students. This type of research is quasi-experimental with pre-test and post-test control group design. A sample of 22 students with df 21. Methods of data collection using questionnaires character can talk to cute 30 items. The results of the data analysis is the value2.77 > 2.07 ttable so Ho rejected and Ha accepted. So there is a significant difference. It can be concluded that the effectiveness of counseling reality by modeling techniques to improve the characterable to talk to cute.

Keywords: behavioral counseling, modeling, lesson study

1 Introduction

Based on observations of 22 students study the researchers looked at 12 students showed symptoms such as demonstrating the attitudes of students seem very inclined to speak with cute negative. The study found 10 other students have symptoms like that were very easy to talk to cute positive. Symptoms of these students can be said to exhibit symptoms of "character able to speak funny.

1.1 Character able to talk to cute

That able to speak with funny character is the ability to assert themselves cover said something funny, logic and reasoning, telling stories and jokes were funny, talking about his personal experiences and his own.

1.2 Implementation able to talk to cute characters

Implementation able to speak with funny characters can be done by modeling or engineering. Students can apply modeling techniques to show the simulation work in accordance with the character able to speak funny. After that, students stay two wild one to determine the outcome of the discussion of other groups. After staying one, two wild students do sociodramas have been made to the character of the theme of helping others and show it to the class. After doing sociodramas, the authors conducted a placebo technique, in which one

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of the students will be presented with positive and negative attitudes with two friends in the placebo technique has a code of ethics that does not become angry, resentful and offended. After conducting a placebo engineering students will read the diary that has been made. Then the students filled out a questionnaire distributed by the author. Finally, students fill out a journal reflection on classic Tutoring service activities that have been carried out.

1.3 Counseling Reality

Worldview counseling theory and the basic realities of life they strive to meet kepaktuhan tersepakt. Kepaktuhan includes kepaktuhan basic human survival (survival), to love and be loved (love and belonging), power or performance (power or achievement), freedom or independence (freedom or independence), and pleasure (fun) (Corey, 2005). believes Man is essentially a creature that has kepaktuhan that among the basic kepaktuhan tersepakt kepaktuhan love and be loved is the primary and most difficult of fulfillment.

1.4 Modeling Technique

According to for Dharsana (2016) modeling techniques how to introduce, and the counselor provides a model that is helping others to do so, students are asked to imitate the model provided by the counselor. (Adi, Ananda, Dharsana, & Suarni, 2017; Adiputra, 2015; Ardana, Dharsana, & Suranata, 2014; Ayu, Wati, Suarni, & Dharsana, 2017; Damayanti & Aeni, 2016; Kadek Pigura Wiladantika, I Ketut Dharsana, 2014; Lester, 2015; Sadewi, 2012). In line with this definition suggests the modeling techniques used by counselors way to improve the character of helping others through characterization, characterization in questions such as characterization through the film, the imaginary character (fantasy), and so forth. Modeling also called imitation.

2 Methodology

Starting from the test results of normality and homogeneity of character data to help others above, it can be said that the requirements for testing the hypothesis with t-test can be met. Therefore, hypothesis testing can be continued by using the technique of Sample Test partner. The results of t-test as indicated, the value of t-test sig. sig. 0:05. Thus, the null hypothesis (H0) that states that no influence effect on the effectiveness of counseling effectiveness reality by modeling techniques to improve the character of being able to speak with a cute student can be trained to carry out the communication standard (a smile, a greeting, greatting). greatting). Trained in a good way, courteous, effective and communicative so that students can have the character to help others. The results of t-test as indicated, the value of t-test sig. sig. 0:05.

3 Results and Discussion

RPBK Able to speak with cute characters very effectively applied in schools. Judging from the value of questionnaires, diary scores, and student responses from increasing daily

journal. In addition, it is also evident from the behavior of students of characters helping others that started to change as: students can characterize others.

Table 1. a character able to speak with cute

INDICATORS 1		HIGH		LOW	
		f	%	f	%
Problem No. 1,3,6,8,9	Being able to speak with a funny	63	57%	23	21%
	Male Village	33	60%	10	18%
	Rural women	30	55%	13	24%

ResearchData show that the class X is able to talk to cute with a height of 57% and the lowest 21%, while men of the villages that have a high frequency of 60%, 18% lower. Women from villages that have a high frequency of 55% and 24% lower.

Table 2. a character with Logical Tell jokes, funny and reason

INDICATOR 2		High		Low	
		f	%	f	%
Problem No. 11,12,13,16,18,20	Telling jokes with Logical, funny and reason	74	56%	24	18%
	Male Village	35	53%	16	24%
	Rural women	39	59%	8	12%

ResearchData show that the class X is Telling jokes with Logical, funny and reason with a height of 56% and the lowest 18%, while men of the villages that have a high frequency of 53%, 24% lower. Women from villages that have a high frequency of 59% and 12% lower.

Table 3. a character able to speak and personal experience

INDICATOR 3		High		Low	
		f	%	f	%
Problem No. 21,23,24,26,27.29	Being able to speak and his personal experience	65	49%	24	18%
	Male Village	39	59%	16	24%
	Rural women	26	39%	8	12%

ResearchData show that the class X is able to speak and his personal experience with a height of 49% and the lowest 18%, while men of the villages that have a high frequency of 59%, 24% lower. Women from villages that have a high frequency of 39% and 12% lower.

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4   Conclusion

Based on the results of the analysis and discussion in the previous chapter, it was stated that the hypothesis is accepted by the 5% significance level (0.05). of the students in the control group. Based on this statement, we can say that the reality counseling using modeling techniques to be applied right at the school. Implementation of reality counseling using modeling techniques have implications for the planning and development of models of counseling services in terms of techniques and procedures for the activities of the service provided to the counselee. From the analysis of the research, the results found that counseling services will be more effective if counselees in service applying counseling facilitated by reality using modeling techniques.

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